

229 Parrish Street, Suite 250 Canandaigua, NY 14424 585-905-3414 585-394-5942 fax

PATIENT INSTRUCTIONS AFTER SURGERY

- 1. Clean incision lines (suture lines) with a ½ and ½ mixture of hydrogen peroxide and distilled water to remove crusting 3 times per day. After cleaning, apply bacitracin antibiotic ointment to keep incision lines moist.
- 2. Use bacitracin ointment for the first 5 days after surgery, then switch to Aquaphor ointment as the bacitracin can become irritating.
- 3. If there is yellow gauze on the wound, apply the ointment directly to the yellow gauze as well.
- 4. You may shower, but do not get the incision lines wet. If you do not have a flap, you may get the incisions lines wet 3 days after surgery.
- 5. Do not place any ice or cool compresses directly on the wound. This is especially important if you have a flap.
- 6. Please call immediately with any increased pain, swelling, or fever.
- 7. If you are prescribed an antibiotic, please take as directed until finished. Do not drive if taking any narcotic pain medications.
- 8. It is very important to keep your wound protected from the sun while healing. Any sun exposure can worsen scarring. However, do NOT use sunscreen until instructed otherwise.
- 9. An appointment will be made for suture removal 1 week after surgery.

DON'T TAKE ANY CHANCES – If you are concerned about anything you consider significant, Please call (585)905-3414.